

# Advanced Tooth and Gum Detoxification



## Medi-Dental Pack *Key Features*

- Detoxifying packs with special, European, premium-grade, high-cation montmorillinite clay, naturally containing highly adsorptive magnesium smectites, silica, and nine mineral oxides in addition to natural, calcium-based zeolite minerals (the rare laumontite form) which have maximum cation-exchange capacity
- Special clays and minerals have been used for centuries for detoxification and rejuvenation; in the past, certain source were highly prized for the amazingly diverse whole-body health effects
- This special, detoxifying combination assists in the removal of the bioaccumulation of toxins, including heavy metals and toxic chemicals, to allow the body to return to a state of ideal cellular resonance
- This clay/mineral detoxifier also initiates a special intracellular "thermal effect", creating an increased, deep intrinsic, cellular cleansing effect (i.e. during or after use, the user may experience a mild heating effect such as a slightly increased body temperature which is temporary and usually dissipates within 30 minutes)

## What is the Medi-Dental Pack?

The Medi-Dental Pack is a blend of European silica-based montmorillinite and a rare, calcium-based zeolite (laumontite), known to have maximum cation exchange. This is particularly important for detoxification in the oral cavity of toxic dental materials and metal ions which may have lodged in mucus membranes or gum tissue.

Our silica-based montmorillinite is a smectite clay that initially forms through volcanic activity. It has a crystalline structure that is unique to this clay. These crystalline molecules act as transducers, able to convert energy into light, thus transferring a higher energy state to the body's cells. This smectite clay has a unique, natural sorptive power, meaning it is able to chemically absorb toxic chemicals, including heavy metals, and thus, provide significant detoxification properties.

Once this clay mixture has been used for detoxification of the oral cavity or the body, its powerful sorptive has been exhausted so it is best not to re-use the clay. Please enjoy the natural, powerful rejuvenating effects of this excellent product.

## Detoxification of the Teeth and Gums

Whenever an external area of the body or inside the mouth is detoxified using a high-cation exchange clay/mineral mixture, the target area becomes "cleaner" (i.e. many of the toxins have been adsorbed by the clay/mineral combination).

However, in addition to the target area, at the same time, other deeper pathways in the body that intersect the target area also become partially detoxified, tending to dump some of the freed toxins into circulation to be cleared by the body, primarily via the liver, kidneys and large intestines. If nutritional support of these organs is poor, then the toxins can be re-deposited instead of being cleared from the body. This is why **liver, kidney and large intestinal nutritional support** (the key detoxification organs) is **highly recommended** during detoxification for the best results.

If a person feels lack of energy or tired after a detoxification procedure using the Medi-Dental Pack, then more than likely, they need better support of one of more of their 3 key detox organs, especially the kidneys.

## The Kidney Essence and the Teeth

In the ancient science of Oriental Medicine, bioenergetically speaking, the kidney essence (called "jing") is transformed into bone marrow, spinal marrow, brain marrow and the teeth (which are called the "surplus of bones"). If kidney jing is plentiful, both the bone (supporting the body and the teeth) and the brain (supporting the mind) will be at an ideal level of strength.

On the other hand, a deficiency of kidney jing can bring about brittle bones, weak teeth and a listless spirit. As the **Neijing** (an ancient medical text) puts it: "The kidney is the master of physical strength. It produces exquisite movements/actions."

Thus, the teeth are nourished by the kidney jing. If the kidney jing is plentiful, the teeth are strong and firm. If the kidney jing weakens, then the teeth can decay, grow poorly or become loose. If problems exist with the teeth (i.e. decay, looseness, poor development, fillings with toxic metals, etc.), **specific nutritional support of the kidneys** is almost always needed in addition to direct nutritional support of the teeth and gums.

## Using Download Areas During Detoxification

The “Four Download Areas” are the palms of both hands and the arches of the feet (about the size of the palm of your hand). The palms of the hands and the bottom of the feet contain hundreds of highly sensitive acupuncture points that are the main bio-energetic release entry/exit areas for the entire body. Often, detoxifying the Four Download Areas *first* before using the Medi-Dental Pack may be necessary (to allow maximum drainage from the oral area) to clear chronically toxic areas in the oral cavity.

### Recommended Use (for adults or children)

#### Items Needed

**Medi-Dental Pack** – 1 container    **Q. Betaine HCL** - 1 Vcap

**Heavy Metal Nano-Detox** – 1 bottle

A nonmetallic bowl and spoon

Optional: Premier Clovebud Oil, Medi-Blast, Quantum Castor Oil

**1. Mixing the Medi-Dental Pack.** Place 1 tablespoon of the **Medi-Dental Pack** in a nonmetallic container (such as glass, plastic or ceramic). Add approximately 1½ to 2 teaspoons of **Heavy Metal Nano-Detox** and the contents of 1 Vcap of **Q. Betaine HCL** (open capsule) and mix together with a nonmetallic spoon (such as Lexan or plastic) into a thick, “mud” paste. Briefly pat-dry the dental area to be detoxified (i.e. a sore gum area).

**2. Applying the Medi-Dental Pack.** Divide the “mud” (mentally) into 5 parts. Rub one part into the target dental area vigorously for about 3 seconds; then spit out and rinse mouth. Repeat for the other 4 parts. Rinse the mouth out with purified water a few times until no clay taste remains. **Note:** During this detoxification process, the person may accidentally swallow some of the clay mixed with their saliva. The clay is completely safe and nonotoxic, so this is not a concern. However, it is best to avoid swallowing it as much as possible and then spit it out after each detox.

**3. Go outside for 5 minutes.** Next, go outside for 5 minutes or longer to absorb the ultra high, healing frequencies of solar radiation into the newly detoxified areas. If it is very cold outside, try to go outside for at least 2 or 3 minutes.

**4. Premier Clove Oil: Optional but highly recommended.** Next, massage a few drops of **Premier Clovebud Oil** into the target dental area. This essential oil contains specific, immune-boosting phytonutrients specifically for the teeth and gums. After the detox, it can now easily be absorbed into the newly opened, detoxified dental areas. Although using this oil is optional, the results are far superior when it is used because it helps stabilize and protect each area from further toxicity as well as supporting and strengthening each area. This oil may also be vaporized and then inhaled.

**5. Medi-Blast:** It is recommended to use the **Medi-Blast** after using each **Medi-Dental Pack**. The Medi-Blast is a detoxifying foot bath (1 cup of Medi-Body Bath mineral powder in 12 cups of warm water) for 10 minutes to help replace electrolytes, supply nutritive mineral compounds and to gently pull out and detoxify toxic compounds that have been released during the use of the Medi-Dental Pack. The Medi-Blast is gentle but deep-acting and can be a significant help to avoid detox symptoms or to help quickly alleviate them. This is especially helpful for people have weak kidneys, poor dental health, tend to be sensitive or who have been chronically ill.

Optional but recommended: add 4 drops of **Quantum Allicidin Liquid** in the Medi-Blast water and swish around. This immune-boosting liquid adds to the very high cellular resonance rate, allowing an even stronger, bioenergetic release of toxins in concert with the piezo-electrically active, ionized minerals of the Medi-Blast, thus allowing the release of whole body (and dental) toxins at a much deeper and faster rate. (See complete instructions for Medi-Blast.)

**Now rest for 30 minutes (or longer).** Allow your body to rest for 30 minutes or more (very little physical activity; no talking) so your body can continue gently detoxifying and processing its newly found energy.

**6. Castor Oil Pack: Optional but highly recommended.** Use a **Castor Oil Pack** over the low back area (i.e. kidney area) for 30 minutes. (See complete instructions for castor oil pack.) The Castor Oil Pack is a very simple, easy procedure used for centuries by natural health doctors to detoxify and strengthen the body, especially the kidneys. After dental detoxification, this support of the kidneys is very welcomed – and helps each person sail through the detoxification process with very few detox

### Examples of Oral Areas That May Need Detoxification

- A sore gum area
- A loose tooth area or a sensitive tooth
- A tooth with a toxic filling (silver fillings, stainless steel, gold crowns, etc.)
- Cavitations (sites of previously extracted teeth)
- Retromolar areas that have been injected with toxic dental anesthetics
- TMJ (jaw joint) areas

symptoms. In long standing, chronic cases (if there is long term dental toxicity or concerns), the castor oil pack is **not optional** – as it will provide critical, badly needed support to the kidney area to help strengthen the low back and kidney meridians.

**O-Ring Testing:** Using kinesiological O-Ring testing, if your practitioner initially tests a problem dental area (such as a sore gum area) before doing the Medi-Dental Pack procedure, he/she will most likely find that it tests very weak. After doing the procedure, the area will now typically test very strong. It is best to wait for 24 hours and then re-test the area again. If it is now weak again, it is best to repeat the Medi-Dental Pack procedure again. It may take several times to clear.

**The Tooth's Inter-Body Connections.** Please do not think of a tooth as an isolated part of the body. Each tooth is intricately connected within the meridian system of the body, a vast, highly organized network of organ-associated, bioenergetic pathways. When a tooth is “sick”, then its connection to the meridians is also abnormally altered, which may necessitate several procedures to clear it and its associated meridian interface. If a problem dental area has been long-standing, then several Medi-Dental Pack procedures may be needed to permanently clear it.

**Crevice Fluid Test.** If a dental area does not clear (i.e. test strong) even after using several Medi-Dental Pack procedures (3 or 4 times), you may want to get a **Crevice Fluid test** (an analysis of a sample of your saliva tested for thiol ethers) in order to rule out a potential dead tooth somewhere in the mouth (which is often asymptomatic). This test may be ordered through your practitioner. A dead tooth (which often has no local symptoms) can create ongoing symptoms in the body due to the continual release of thiol ethers and other toxic waste products.

**Frequency of Use.** The **Medi-Dental Pack** procedure can be done once daily (but no more than once per day). In more chronic cases, you may choose to skip days (i.e. do the procedure every other day) in order to allow the body to undergo the healing process more slowly.

### Specific Nutritional Support

Recommended during the Medi-Dental Pack detoxification procedures:

- **The pH Trio** – Three product combo that supports healthy bone and teeth metabolism, supplies alkaline minerals for a healthy, alkaline pH\*
- **Quantum Coral Complex** — Supports healthy bone and teeth metabolism, supplies alkaline minerals for a healthy, alkaline pH\*
- **Quantum Bone and Joint Complex** – Broad spectrum nutrients for jaw, teeth and TMJ support; also support the body's detoxification process\*
- **Quantum Kidney Complex** – Supports the kidney's role in promoting strong, healthy bones and teeth\*
- **Super Nano-Green Tea™** – Assists in gentle detoxification of mouth area; assists immune system surveillance of teeth and gum areas\*
- **Quantum CoQ-10** – Deep-seated gum tissue support\*

### Topical Support of Teeth and Gum Areas

- **Herbal Toothpaste** — Effective, herbal formula for healthy gums & teeth; no sodium lauryl sulfate or harmful chemicals; safe for kids
- **Quantum Neem Oil** – Massage one or two drops into affected gum areas. Although it has a slightly bitter taste, these alkaloids provide key immune support to help clear the area.\*
- **Quantum Limonene Oil** – This organic essential oil of orange contains d'limonene, a powerful, immune-boosting fraction. A few drops may be massaged into the gums for immune support, pain relief and increased circulation to the area.\* In addition, the limonene oil acts as a powerful natural solvent, capable of carrying other oils deeper into the tissue. A favorite combination is to mix a few drops of neem oil with a few drops of limonene oil in your palm and then massage the oil combo into the affected gum or dental area.